
PRESS RELEASE

TO: THE NEWS EDITOR

FROM: CHRIS HELME

SUBJECT: NEW BOOK

'...ALL IN A DAY'S WORK...'

Retired West Yorkshire Police Officer Chris Helme BEM - author, radio producer/presenter, public speaker and nostalgia writer has written a new book. This book '...All in a day's Work...' is based on the lighter side of his 30 year policing career and was released this week..

Having been invited to write another local history book by publishers Fonthill Media in Gloucestershire. Having already written three others about the Brighouse area previously he asked if he could write something a little different.

Initially the publishers were a bit reluctant but re-considered and then sanctioned the new book. This book is based on a one hour lecture he presents about his 30 year career and is the one book he has dreamed of writing since retiring from the West Yorkshire Police in 2001.

The story is about a 1950s childhood ambition to become a policeman and it coming to fruition twenty years later. His career started in 1970 with a year in Leeds city centre and from 1972 to 1975 he moved to work on the residential streets of Wyke and Low Moor in Bradford. It was then onto the housing estates, streets and communities of his home town Brighouse for the next 26 years.

This is where he experienced the ups and downs of every day policing working amongst people he had known since his childhood days. Humour, melancholy, and some of the unbelievable situations he found myself in. These are just some of the ingredients that make this a fascinating read. The book is £14.99 + £1.50 p/p and available from me or any of the major on-line book stores.

Thank you

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